

CASE STUDY

नाम
Name Aahna Jaiswal

पिता का नाम
Father's Name Sanjay Jaiswal

अभिभावक का नाम
Guardian's Name Sanjay Jaiswal

वर्तमान अभिवास
Present Address 56, Ravidas Nagar,
Near Dhanlaxmi Bank, BHOPAL.

स्थायी अभिवास
Permanent Address 56, Ravidas Nagar,
Near Dhanlaxmi Bank, BHOPAL

लिंग (बालक अथवा बालिका)
Sex (Boy or Girl) Girl

जन्म दिनांक
Date of Birth

1	5	0	2	2	0	0	5
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वयस्
Age वर्ष Year

1	3
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 मास Month

0	8
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विद्यालय
School Carmel Convent School, Bhopal

कक्षा
Class 7th विभाग
Section B

[2]

समस्या का विवरण
Statement of problem

The child is unable to concentrate in her studies. She sits idle and she starts crying when ask to study, She lacks confidence at public places.

प्रेषक .अभिकरण
Referring agency

① Parents

② School

are the referring agencies.

समस्या का प्रथम अनुभव कब हुआ
Period since the problem was first observed.

When the child shifted from Delhi to Bhopal and join new school, before three years.

At that time problem was firstly observed.

प्रेषक के पूर्व समस्या का प्रहस्तन
Whether previously handled

The problem was previously handled.

1) किसके द्वारा?
By Whoom?

By parents and teachers.

2) किस प्रकार?
How?

The problem was handled by parents and teachers by motivating her.

3) परिणाम?
Result?

Little bit of difference was seen in the study routine of the child.

[4]

(केस स्टडी)

- (1) अनुसंधेय व्यक्ति का वैयक्तिक इतिहास
Personal history of individual

The child has a brother and is studying in reputed school.

- 1) गृह
House

- a) जन्म स्थान
Place of birth

Delhi

- b) गृह निवास की अवधि
How long stayed at home

Beside school and tuition, stay at home.

- c) किसके साथ?
With whom?

With parents and grandparents.

- 2) विद्यालय वर्तमान
School (Present)

Carmel Convent School, Bhopal

- a) प्रवेश के समय अवस्था
Age at which admitted

वर्ष
Years

6	
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मास
Months

0	8
---	---

[5]

(केस स्टडी)

b कक्षा अथवा कक्षायें जिनमें अनुत्तीर्ण हुआ?

(असफलताओं की संख्या सहित)

Numbers of failures (If any) in any class or classes

No failure till today though the child avoids to study.

c कक्षा में साक्षेप स्थिति (पश्चवर्ती, मध्यम अथवा प्रतिभा सम्पन्न)

Standing in the class (State whether backward, average or bright)

The child is an average student in the class. but if she started concentrating in studies, then she will definitely gain good marks.

d कक्षा में उपस्थिति नियमित है या नहीं?

Whether regular in attendance or otherwise?

The attendance of the child in class is regular and she takes leave only when she is sick.

[6]

e सह पाठ्य क्रियाकलापों में भाग ग्रहण तथा उनमें प्रवीणता का स्तर
Participation in co-curricular activities with standard of proficiency in them

Child is an active participant in all school co-curricular activities like dancing, singing, playing games, drawing, art and craft etc.

f विद्यालयीन अनुशासन के प्रति अभिवृत्ति
Attitude towards school discipline

Child has positive attitude toward school discipline. positive attitude help her to cope more easily with the daily routine of life.

(2) पारिवारिक इतिहास
Family History

i पिता
Father

Sanjay Jaiswal

a जीवित है अथवा नहीं?
Alive or dead?

Alive

[7]

(केस स्टडी)

b वयस्
Age

41 years old.

c व्यवसाय
Occupation

Business of pharmacy.

d व्यवसाय के प्रति अभिवृत्ति
Attitude towards the occupation

Her father attitude towards the occupation is - Hard-Working,
Diligent,
self restrain,
Vigorous,
Punctual.

e शिक्षा
Education

B.pharm, M.BA.

f आदत तथा व्यासंग (प्रिय व्यापार)
Habits and hobbies

- Watching movies
- travelling to new places.
- Reading

[8]

g मुख्य चारित्रिक विशेषतायें
Dominant character traits

- Active
- Adventurous
- Encouraging
- Kind
- Humorous

h स्वास्थ्य
Health

He is in good health.

ii माता
Mother

Madhurama Jaiswal

a जीवित हैं या नहीं?
Alive or dead?

Alive

b वयस्
Age

35

c व्यवसाय (यदि कोई हो) तथा उसके प्रति अभिवृत्ति
Occupation (if any) with her attitude towards it

Mother is dress-designer and she has her own boutique.
Attitude toward her occupation is hard-working, focussed.

[9]

(केस स्टडी)

d शिक्षा
Education

Education of mother is,
post graduate with commerce and
Diploma of fashion designing.

e आदत तथा व्यासंग (प्रिय व्यापार)
Habits and hobbies

- Eating
- cooking
- Creative
- Singing

f मुख्य चारित्रिक विशेषतायें
Dominant character traits

- Leadership
- Self-Confident
- Direct
- Decisiveness
- Self-belief.
- Kind

g स्वास्थ्य
Health

She is active, healthy woman.

[10]

(केस स्टडी)

- iii कोई मानसिक असामान्यताएं तथा रोग जिनका प्रवेश परिवार में हो गया हो
Any mental abnormalities and diseases running in the family

There is no mental abnormalities in the family but her grandmother is suffering from high B.p. and her grandfather has undergone bypass surgery.

- iv विमाता अथवा विपिता (यदि कोई हो) (अनुसंधेय व्यक्ति के जीवन में विमाता अथवा विपिता का आगमन कब हुआ? उसके प्रति विमाता अथवा विपिता का व्यवहार) Step parents (if any) (Age at which the step parents came into the life of the individual. His or her attitude towards the individual)

[11]

(केस स्टडी)

- v सोदरगण (अनुसंधेय बालक/बालिकाओं को O से, अन्य को < से तथा मृतकों को x से चिन्हित कीजिए)।
Siblings (Mark the individual with O, Other with < and died with X)

	1	2	3	4	5	6	7	8	9	10	11	12
बालक Boys	O											
बालिकायें Girls	O											
आयु Age												

- vi बालक/बालिका के प्रति माता-पिता की अभिवृत्ति
Parental attitude towards the child

Parents are very concern about the child, They are loving, kind and authoritative, they provide some freedom but also enforces limitations and boundaries necessary for safety.

- vii अनुशासन प्रणाली (सहानुभूतिपूर्ण, अनुरागपूर्ण, क्रूरतापूर्ण अथवा उदासीन)
Methods to discipline (Sympathetic, affectionate, domineering or indifferent)

The method of discipline is sympathetic, Parent of child understanding of others Peoples's feeling also.

viii माता तथा पिता के परस्पर संबंध
Father-Mother relationship

Relationship between mother and father is good, but at some times due to behavioural changes happened in their child due to shifting of location, become reason for fight, this affects their good relationship. This also affects their daily routine.

ix बालक/बालिका की अभिवृत्ति
Individual's attitude

The attitude of child is neutral which was positive earlier, due to it's neutral attitude the child does not able to made up their mind or they don't know how to encounter a particular situation where she have needed to use the attitude

- a माता-पिता के प्रति (प्रतिकूल, प्रेमपूर्ण, भयपूर्ण अथवा उदासीन)
Towards parents (Hostile, loving, fearful or indifferent)

The child attitude towards his parents is of loving nature. This is due to good relationship between their parents and the love and care which parents have towards the child, but due to child's neutral attitude the loving attitude of child, got hidden sometimes.

- b परिवार के अन्य सदस्यों के प्रति (प्रतिकूल, सहयोगात्मक आदि)
Towards other members of family (Hostile, Co-operative, etc.)

The child attitude towards other members of family that are granny and grandpa is loving and co-operative. The child helps the grandmother and grandfather in their work because they are so old and unable to do some work sometimes.

3] अर्थिक स्थिति
Economic Status

- i पिता अथवा अभिभावक का व्यवसाय तथा मासिक आय
Father's/guardian's occupation and monthly income

Father's occupation is business of Pharmacy and monthly income is

20,000 rs.

- ii चल तथा अचल सम्पत्ति का अनुमानित मूल्य
Property worth Rs.

- iii आय के अन्य साधन
Other sources of income

There is no other source of income.

- iv परिवार में अर्जन करने वाले अन्य सदस्य तथा उनकी मासिक सम्पूर्ण आय
Other earning members in the family with their total monthly income

Beside father, Mother has her own boutique and she earn approx.

15,000 rupees per month.

[15]

v क्या परिवार ऋणग्रस्त है?
Is the family in debt?

The family of child is not in debt, but whatever they earn is getting consumed.

vi क्या आप पर्याप्त है?
Is the income sufficient?

The income of the family is sufficient for fulfilling their needs.

vii परिवार में आश्रित व्यक्तियों की संख्या
Number of dependants in the family

The child and her brother.
Her grandmother and grandfather.
Total four number of dependants in the family.

[4] सामाजिक स्थिति
Social condition

i प्रतिवेश
Neighbourhood

[16]

(केस स्टडी)

- a स्थानीय क्षेत्र (स्वच्छ, मलिन, संकुचित)
Locality (Clean, Slime, Congested)

The locality of child is clean which is ayodhya bypass comes under bhopal division.

The families of this locality belongs to middle class and mostly persuing good nature.

- b मित्र मंडली (विस्तृत विवरण)
Friend's circle (full details)

- ① Ladoo Singh
50, ravidas nagar, adress.
Earmel convent school, Bhopal
- ② Mita Sahu
Adress -
65, ravidas Nagar.
ST. Theresa school, Bhopal.

- ii प्रतिमोदन (मनोरंजन) की सुविधाएं (क्रीडांगण, नभोवाणी यंत्र, टेलीवीजन, समाचार पत्र व चित्र आदि)
 Facilities for recreation (playgrounds, radio, T.V., newspaper, pictures)

Facilities for recreation are radio, television, phone, newspaper, pictures, ground for playing.

Recreation is an essential part of human life and finds many different forms which are shaped naturally by individual interests.

- शिक्षा तथा अध्ययन संबंधी सुविधाएं (अध्ययन का समय तथा स्थान, गृह में शैक्षणिक वातावरण, उपलब्ध पुस्तकें तथा पत्र पत्रिकाएं आदि)
 Facilities for education and studies (time and place for study, educational atmosphere at home, books, and magazines etc.)

The child have all the facilities regarding to education and studies, she get educational atmosphere at home, get books and magazines easily, she have a separate place at home for studying.

iv गृह का सांस्कृतिक तथा धार्मिक वातावरण
Cultural and religious atmosphere in home

Cultural and religious atmosphere is quiet well. Along with Hindu religion other religious occasions also celebrated in their house. A good indian culture followed in their house. Welcoming guests, helping others, behaviour towards the children etc. can easily be noticed and which is quiet well and good.

[5] अनुसंधेय व्यक्ति का चिकित्सकीय विवरण
Medical history of the individual

ऊँचाई
Height

भार
Weight

वक्षः परिधि(सामान्य)
Chest(normal)

वक्षः परिधि(विस्तारित)
Chest(expanded)

शारीरिक विरूपता(यदि कोई हो)
Physical deformities(if any)

[20]

सामान्य स्वास्थ्य (दृष्टि, श्रवण तथा भाषण आदि के विषय में सामान्य विवरण)
General Health (General remarks about vision audition and speech etc.)

Overall health of child is good. Immunity level towards various diseases is normal.

Eye sight is good, not wearing glasses.

Listening capacity is quite high.

There is no such speech problem but the speed of conversation is low.

[6] योग्यताएं

Abilities

विगत दो वर्षों का वार्षिक परीक्षाफल (प्राप्तांक लिखिये)

Annual Examination results for the last two years (Statement of marks)

कक्षा -

Class - 5th

प्रथम वर्ष

1st Year

सं. No.	विषय Subject	पूर्णांक Total Marks	प्राप्तांक Marks Obtained	रिमार्क Remarks
1	English	100	50	
2	Hindi	100	54	
3	Maths	100	50	
4	Science	100	51	Average
5	Social studies	100	60	
6	Sanskrit	100	70	
7	Computer	50	38	
8	Moral Science	50	45	

कक्षा - 6th
Class - 6th

द्वितीय वर्ष
2st Year

सं. No.	विषय Subject	पूर्णांक Total Marks	प्राप्तंक Marks Obtained	रिमांक Remarks
1	English	100	60	
2	Hindi	100	56	
3	Maths	100	49	
4	Science	100	54	
5	Social studies	100	61	Average
6	Sanskrit	100	71	
7	Computer	50	40	
8	Moral Science	50		

ii विद्यालयीन अभिलेख
school records

In academics record of school, the child stands in average line or category. In school also, the child does not able to make full concentration due to which the child not able to come in upper academic category.

a कार्य-स्वभाव
Work-habits

The child always try to maintain good work habits but sometimes fail due to lack of concentration. Sometimes, child try to show off that child maintaining good work habits.

- b उपस्थिति
Attendance

The attendance of child is near about 85%. The child want to attend the class on regular basis but sometimes due to behavioural changes in child, child does not come to school.

- c शिक्षकों से संबंध
Relation with teachers

The relationship between teacher and child is good as the child listen everything what ^{her} teacher ask her to do.

As she listen everything hence there is no question of argument between teacher and child.

- d कक्षा तथा विद्यालय के सहचरों से संबंध,
Relation with classmates and schoolmates

The child enjoys the company of her friends but does not speak much, child stands in a group but sometimes in un-attentive manner.

- iii सामान्य योग्यतायें (बुद्धिलब्धि भी लिखिये)
General ability (I.Q. be also written)

iv अन्य उपलब्धियां
Other Achievements

The child is active participant in school co-curricular activities like dancing, singing, playing games, drawing, art and craft etc. but she never get any prize in school competition, but she try to do at her best.

v विशिष्ट उपलब्धियां
Any Special Achievements

child get prize second in drawing - competition which was held in 'Ganesh-Utsav' near house.

In that competition, she draws the picture of lord ganesha.

vi विशेष रूप से रुचिकर-विषय तथा अनुसंधेय व्यक्ति द्वारा उनके लिए बताये गये कारण
Subjects specially liked of disliked with reasons given by the individual.

Art and craft subject like by the child as it is of interest of child.

Mathematics subject is not liked by child due to it's calculations.

[7] भविष्य की योजनायें
Future Plans

अनुसंधेय व्यक्ति की भावी शैक्षणिक तथा व्यावसायिक योजनाएं

Future educational and vocational plans and ambitions of the individual

Child like to have it's career in arts,
This is because it is subject of interest
of child.

The vocational plan of child is to make
career in designing.

ii माता-पिता तथा अभिभावक की अनुसंधेय व्यक्ति के संबंध में शैक्षणिक तथा व्यावसायिक योजनाएं
Future educational and vocational plans and ambitions of parents with regard to the individual

The ambition of parents towards their
child is as -

- 1) Completing graduation coarse in arts.
- 2) Completing specialised coarse in arts
and designs.

[8] अवकाशकालीन क्रियाकलाप
Leisure time pursuits

i व्यासंग तथा मनोविनोद
Hobbies and amusements

Hobbies of child - painting, sketching,
and dancing and the same things
amuse the child.

- ii वांछनीय स्वभावगत विशेषताएं
a Desirable habits

The child wants to help the family members in their work.

Also child help to neighbours in their works.

- iii अवांछनीय स्वभावगत विशेषताएं
Undesirable habits

If anybody stops her in doing the activity which she wants to do, then child become angry, wheather the activity is right or wrong, she doesn't care.

- iv दिनचर्या

The occupation of the day. Daily routine

In morning, after regular morning activities she go to school and back back at after-noon. Then she have little chitchat with family. In evening, completes homework then goes to play.

Character and personality

- i सामान्य सांवेगिकता (स्थायी अथवा अस्थायी संवेग सरलता से उद्दीप्त, अवसन्न)

General emotionality (Stable or unstable emotions-easily irritated, depressed)

The child is emotional specially towards their family members. and gets angry if somethings does not go well within family.

[26]

- ii स्नायविक लक्षण (दिवास्वप्न, अनिद्रा, विवेक रहित भय या घृणा, विशिष्टाचरण शैली)
Neuritic symptoms (Day dreaming, sleeplessness, nightmare, phobias, mannerism)

The child has little bit phobia towards some unhappening to family. also due to this the child goes in day dreaming with some bad dreams. The child is quite well mannered but other usually take child in other way due to her phobic and day dreaming

- iii लैंगिक अन्तश्चलनता (उत्तौदन) की प्रव्यंजना (हस्थमैथुन, अयुक्त लैंगिक उत्सुकता, वाचन साहित्य, प्रदर्शन की अवस्था अभिव्यक्ति, स्वलिंग कामुकता आदि)
Manifestation of sex urges (Masturbation under sex curiosity reading literature, exhibitionism, homo sexuality etc.)

The child is not involved any such mentioned activities as above. also she is not having any desires or knowledge of above.

- iv आत्म उपोद्बलन (स्थापन)
Self assertion

The child lacks in self assertion mainly due to her phobias and daydreaming. She also fear of any mishappening which may happen to their family.

अर्जनशीलता

Acquisitiveness

The child has excessive interest in acquiring material things.

This greed of acquiring material things usually not expressed by her.

क्रोध तथा उद्दीप्यता

Anger and irritability

The child become angry when the things does not go in the way she wants, also lack of attentiveness, sometime become reason for anger.

संगम-प्रियता

Sociability

The child is quite social and like to help not only to family members but also to neighbours.

उत्सुकता

Curiosity

The child is not much curious but likes to have questions on subject she like.

- [12] माता-पिता पर समस्या की छाप तथा उपचार के लिए उनके सुझाव
Parents impression of the problem and suggestions regarding the treatment

The parents loves their child very much. They have receive feedback regarding the behaviour ob their child at some occasions. The parents suggests that encouragement and love in their childs good habbits will help in resolving her bad habbits.

- [13] शिक्षकों पर समस्या की छाप तथा उपचार के लिए उनके सुझाव
Teacher's impression of the problem and their suggestion for the treatment

As a teacher, I feel that the root cause of the problem lies within the family. The family has to encourage the child as much as they can they need to get the child understand what is right and what is wrong, In all different ways in which they can make the child understand.

[32]

(केस स्टडी)

[14] निदान तथा समस्या संक्षेप

Diagnosis and summary of the case

The child has lost her confidence and due to this aggressiveness came in her nature. She is of helpful and kind nature.

The teacher and parents should try all different ways to get her confidence back as it was in initial stage, of life.

[15] उपचारात्मक सुझावों उत्तरीय कार्यक्रम की सम्भाव्य रूपरेखा

Probable lines of remedial suggestions with follow up programme.

- 1) The teacher should taught motivational stories to child.
- 2) The teacher should involve the child in various activities in school.
- 3) The parents should encourage child if she fails.
- 4) The parents let the child know what actual problem with her with examples.